



Dear Parent/Carer,

We are pleased to inform you that we have arranged for qualified cycle trainers to visit our school to deliver a **Bikeability course**, specifically designed to **support children who are not yet confident riders or who are still learning to ride a bike**.

This course is primarily focused on helping children who may be new to cycling or who would benefit from developing their confidence, balance, and control on a bike. All training will take place **safely on the school grounds**, providing a familiar and supportive environment where children can learn at their own pace.

Children who already ride confidently may also take part; however, the main aim of this course is to help those who need additional support to develop basic cycling skills such as starting, stopping, steering, and riding independently.

If your child owns a bicycle and helmet, please ensure they bring them to school on the training days. **Wearing a helmet is compulsory**. If your child does not have a bike or helmet, we may be able to provide one—please let us know in advance so we can make suitable arrangements.

Training Dates

Children will need to bring their bike and helmet to school on
Tuesday 22nd April and Wednesday 23rd April.

Please ensure your child's bike is in good, roadworthy condition and is the correct size for them. Instructors will carry out a safety check at the beginning of the first session and may make minor adjustments if required.

The training will be delivered over **two days**, with each session lasting approximately **90 minutes**. The sessions are progressive, and attendance on both days is important to allow children to build their skills and confidence effectively.

This Bikeability course supports our commitment to promoting an **active, healthy, and inclusive lifestyle**, while helping children gain confidence and independence through cycling in a safe environment. If you have any questions or need to discuss equipment provision, please do not hesitate to contact the school.